

September

Malcolm School - Jr. Sr. High School - Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
		1	Bacon Breakfast	2	Pizza	3	Egg,Cheese Taco	4	Pancake
			Toast						Sausage
	*H/B-hard boiled		Fruit, Juice, Milk		Fruit, Juice, Milk		Fruit, Juice, Milk		Fruit, Juice, Milk
7	No	8	Toronado	9	Breakfast Casserole	10	Dutch Waffle	11	Breakfast Bites
	School		Fruit, Juice, Milk		Biscuit				Potato Cake
					Fruit, Juice, Milk		Fruit, Juice, Milk		Fruit, Juice, Milk
14	Mon-Friday Option	15	Biscuit & Gravy Pizza	16	Tinfoil Yummy	17	Rolled Taco	18	French Toast
	Cereal,Yogurt		Fruit, Juice, Milk						Sticks
	Fruit, Juice, Milk				Fruit, Juice, Milk		Fruit, Juice, Milk		Fruit, Juice, Milk
21	Mon-Friday Option	22	Early Out	23	No	24	Egg, Cheese Biscuit	25	Mini Dounts
	Poptart, H/B Egg		Egg, Cheese Taco		School				
	Fruit, Juice, Milk		Fruit, Juice, Milk				Fruit, Juice, Milk		Fruit, Juice, Milk
28	Mon-Friday Option	29	Rolled Taco	30	Biscuit & Gravy				
	Bagel, Cream Cheese		Fruit, Juice, Milk		Fruit, Juice, Milk				
	Fruit, Juice, Milk								

Mon-Friday **cold** option is set per week. All breakfast is served with fruit, juice, milk.

Lunch

		1	Chicken Quesadilla	2	Fiestada	3	Popcorn Chicken	4	Early Out
					Churro		Fries		Pizza
			Veggie/Fruit		Veggie/Fruit		Veggies/Fruit		Veggies/Fruit
7	NO	8	Walking Taco	9	Calzone	10	Salisbury Steak	11	Chicken Alfredo
	School				Marinara		Au Gratin Potatoes		Breadstick
			Veggie/Fruit		Veggies/Fruit		Veggies/Fruit		Veggies/Fruit
14	Breaded Pork	15	Meat Nachos	16	Beef Sticks	17	Chicken Nuggets	18	Max Sticks
	Sandwich, Chips				Dinner Roll		Fries		Marinara
	Veggies/Fruit		Veggie/Fruit		Veggies/Fruit		Veggies/Fruit		Veggies/Fruit
21	Meatball Sub	22	Early Out	23	No	24	Corn Dogs	25	Ravioli & Meat Sauce
	Fries		Fiestada		School		Fries		Breadstick
	Veggies/Fruit		Veggies/Fruit				Veggies/Fruit		Veggies/Fruit
28	Sloppy Joes	29	Cheese Quesadilla	30	Chicken Strips				
	Chips				Fries				
	Veggies/Fruit		Veggies/Fruit		Veggies/Fruit				

Malcolm Public Schools is an equal opportunity provider. Menus are subject to change.

All lunches served with veggies, fruit, milk.