

**October
Lunch/Breakfast**

Monday		Tuesday		Wednesday		Thursday		Friday	
						1	Breaded Beef	2	Mostaccoli
							Country Gravy, Potatos		Breadstick
							Corn, Peaches		Greenbeans,Pears
5	Hot Dog/Bun	6	Fiestada	7	Corn Puppies	8	Chicken Nuggets	9	Calzone/Marinara
	Chips, Baked Beans		Side Salad		Greenbeans		AuGratin Potatos		Greenbeans
	Pears		Tropical Fruit		Peaches		Strawberry Cups		Applesauce
12	BBQ Rib Sandwich	13	Burrito Bowl	14	Chicken Strips	15	Early Out	16	No School
	Fries, Baked Beans		Rice/Beans		AuGratin Potatos		Stuffed Crust Pizza		
	Peaches		Mixed Fruit		Pears		Veggies, Fruit		
19	Hamburger/Bun	20	Quesadilla	21	Round Pizza	22	Orange Chicken	23	Tuna Alfredo
	Chips,Baked Beans		Beans		Side Salad		Rice, Broccoli		Peas
	Applesauce		Pears		Peaches		Pineapple		Apricot Cups
26	Chicken Sandwich	27	Tacos	28	Popcorn Chicken	29	Hot Ham&Cheese	30	Lasagna
	Fries, Corn		Beans		Fries, Greenbeans		Chips,Veggie bags		Garlic Bread
	Pears		Peaches		AppleSauce		Strawberry Cups		Mixed Fruit,Veggies

Malcolm Public Schools is an equal opportunity provider. Menus are subject to change.

All lunches are served with veggies, fruit, milk.

						1	Egg Taco	2	Breakfast Bites
							Fruit		HashBrowns
							Juice,Milk		Fruit,Juice,Milk
5	Mini Muffin	6	Toranos	7	Pizza	8	Egg Cheese Biscuit	9	Mini Dounts
	Cheese Stick		Fruit		Fruit		Fruit		Fruit
	Fruit,Juice,Milk		Juice, Milk		Juice, Milk		Juice,Milk		Juice, Milk
12	Poptarts	13	Rolled Taco	14	Tinfoil Yummy	15	Early Out	16	No School
	Egg		Fruit		Fruit		Dutch Waffle		
	Fruit,Juice,Milk		Juice, Milk		Juice, Milk		Fruit, Juice, Milk		
19	Breakfast Cookie	20	Breakfast Toast	21	Biscuits & Gravy	22	Rolled Taco	23	Cinnamon Roll
	Fruit		Fruit		Fruit		Fruit		Fruit
	Juice, Milk		Juice, Milk		Juice, Milk		Juice,Milk		Juice, Milk
26	Cereal	27	Egg Taco	28	Breakfast Cassrole	29	Mini Dounts	30	Pancakes/Sausage
	Yogurt, Fruit		Fruit		Biscuit, Fruit		Fruit		Fruit
	Juice, Milk		Juice, Milk		Juice, Milk		Juice,Milk		Juice, Milk

	2	
	9	
	16	
	23	
	30	

	2	
	9	
Early Out	16	No School
	23	
	30	